

DOES YOUR CHILD HAVE A VISION PROBLEM?

WHAT DO THEIR EYES LOOK LIKE?



Eyes don't line up—one is crossed, looks out or drifts up/down



Eyelids are red-rimmed, crusted or swollen



Eyes are watery, red or inflamed

WHAT DO THEY SAY?

My eyes itch.

I see double.

My eyes are burning.



Everything looks blurry.

I have a headache.
(after reading)

HOW DO THEY ACT?

Rubs eyes

Closes or covers one eye

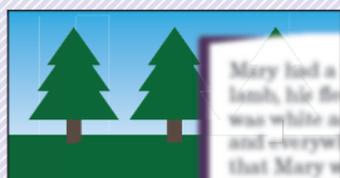
Tilts or thrusts head forward to see better

Squints eyes

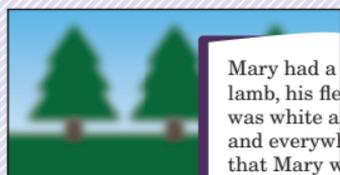
Excessive blinking

Holds objects close to eyes

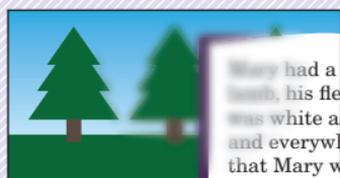
POTENTIAL VISION PROBLEMS



Farsightedness (Hyperopia)
Images of near objects may appear blurred



Nearsightedness (Myopia)
Images of distant objects may appear blurred



Astigmatism
Blurred vision at both near and far caused by lens shape or an irregular cornea shape



Strabismus
Eyes that are not straight or do not line up



Lazy Eye (Amblyopia)
Loss of vision resulting from abnormal eye development

WHAT TO DO

TODAY

Schedule an eye exam

if you suspect a vision problem, or if your child has failed a vision screening.

For a list of local eye care providers, visit www.readdbq.org/eyecare

AT THE DOCTOR'S OFFICE

Request a vision screening with every yearly well-child checkup.

- Talk with your child's primary care doctor about any concerns or questions you have.
- If your child is referred to an optician, ask for the eye exam report to be sent to your child's primary care doctor and get a copy for yourself.
- Ask your eye doctor about any additional help or tools your child might need for school and how to get them.

AT HOME

- Wear sunglasses that block 100% of UVA and UVB rays from the sun.
- Use the correct eye safety wear for sporting activities. Visit the National Eye Institute (nei.nih.gov) for tips.

DID YOU KNOW?

Most children will not say they are having vision problems, and some vision problems that are not corrected can lead to permanent vision loss.

Early treatment of vision problems in young children will support a child's overall development, early literacy skills, and ultimately, school performance.

Information provided by Prevent Blindness America.
www.preventblindness.org



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