

EWÖR KE JORREN ILO MEJEN AJRI EO NEJUM?

EINDRET REITOK IN MEJEN?



Ebaljet ke reitokun mejen im ejjab lukkun jimwe an reitok



Kilin mejen ekilburôô im remôrâ ak rebbôj



Ekilburôô ak rebbôj im edenden mejen

TA KO REITOK IN MEJEN REMAROÑ KALIKAR ÑAN EOK?

Ebbônejneje meja

Etabôl men ko ij lowi

Ebwil meja



Etab aô reimanlok

Alikin aô riit emetak bôra

TA KO EJ KÖMMANI?

Ej ke ittuñi mejen

Ej ke kili ak bineje juon mej

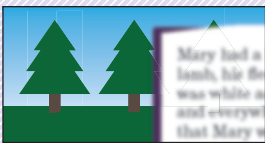
Ej ke malmanlok bwe en emmanlok an loe

Ej ke kumiji mejen

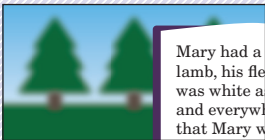
Ekutkut ke an karomrome mejen

Ej ke lab an kebakelok men ko ñan mejen

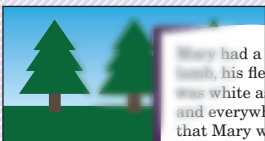
EMAROÑ WÖR JORREN ILO MEJEN



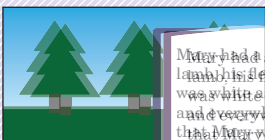
Farsightedness (Hyperopia)
Ealikarlok an lowi men ko rettolok



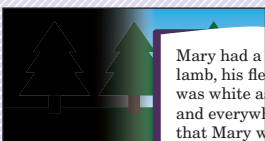
Nearsightedness (Myopia)
Ealikarlok an lowi men ko rebaktok



Astigmatism
Etab an lowi men ko rebaktok im ko rettolok jimor - jan an jab emman drolulin timmejin mejen



Strabismus
Timmejin mejen rejjab jokkin wôt juon ippen doon



Lazy Eye (Amblyopia)
Ekuun an lam jan an jab emman an kar eddek mejen jan ke ear dik

TA EO KWON KÖMMANE

RAININ

Jikejuli ien am lolok dakto in mej

elañne lomak bwe ewor jorren, ak elañne ajri eo nejum ear jab emman kakôlkôl ko an mejen

Ñan kappok am taktô in mej ilo bukwon eo, etal ñan www.readdbq.org/eyecare

ILO OPIIJ EO AN DAKTÔ EO

Bôklok ajri eo kajojo iiô ko bwe ren kakôlkôle mejen

- Kônono ippen dakto eo an ajri eo kôn jabrewôt men ko kwoj inebata kaki ak jabrewôt kajitôk ko am
- Elañne rej jilkinlok ajri eo ñan daktô in mej, kajitôk ippen bwe en jilkinlok ripoot in kakôlkôl eo an ajri eo ñan ippen daktô eo (primary doctor) an ajri eo im kwon bar bôk am kaape bwe en am make
- Kajitôk ippen daktô in mej eo kôn menin jipañ ak kein jermal ko jet me remaroñ jipañ ajri ilo ien an katak ilo jikuul im waween bwe kwon buki

ILO MWEEO IMÖM

- Kônak sunglass ko me rej block 100% in UVA im UVB detin al eo
- Kajerbale mejen pilo eo emôj lewaje ilo ien an ikkure. Etal ñan National Eye Institute eo (nei.nih.gov) ñan bok menin jipañ ko jet

KWAR JELA KE?



Enañin aolep ajri reban ba bwe ejjab emman aer lolok ijon, im jet ian jorren kein remaroñ etal im lukkun komman bwe en kakkure mejeir

Ñe enaj mokaj an ajri eo daktôik mejen enaj jipañ ajri eo ilo rittolok im enaj emmanlok katak ko an ilo jikul

DUBUQUE
CAMPAIGN FOR
GRADE-LEVEL
READING

3RD GRADE READING
SUCCESS MATTERS

Melele kein kar buki jan jikin Bôprae Bilô Ilo Amerka
www.preventblindness.org